

HELMETS & NECK PROTECTORS



Australian Cricket's neck protector recommendations for Community Cricket FAQ

WHAT IS CA'S POSITION ON HELMETS AND NECK PROTECTORS?

As reflected in the ICC's directive, it has been mandated since the 19/20 Season that all CA, state and pathway players in CA managed competitions are required to wear BS7928:2013 helmets when batting, wicket-keeping up to the stumps and fielding in close to the batter.

CA are now taking the next step in their commitment to player safety, and **strongly recommending that everyone wear a neck protector** alongside their British Standard helmet in order to protect their head and neck.

WHAT DOES STRONGLY RECOMMENDING MEAN? WHY NOT MANDATE?

CA recognizes that there needs to be a transition period for participants to develop understanding about how to play with neck protectors, fit and measure them so they are appropriate to play in, and the potential cost associated with them.

In saying that, there is no need to purchase a new helmet with the neck protector already on board, you are able to purchase neck protectors separately that are designed to clip on your current helmet.

DO I NEED A NEW HELMET? HOW DOES THE SIZING WORK?

You won't need to buy a new helmet as you can purchase neck protectors that have been designed to clip on to the current British Standard helmets.

There are different options for sizing based on how big your helmet is, and then the size of the neck protector itself (some brands have S, M, L available, others are one size fits all).

- Trial the standard size first.
- Go up or down in size depending on where the protector is sitting based on different brands.
- The neck protector needs to be positioned as per Figure 1.
- Ensure it is comfortable when you are standing in a batting stance, and moving around.

WHAT IS THE LIKELIHOOD OF ACTUALLY BEING HIT IN THE NECK?

The likelihood of a ball strike in the neck is really dependent on how often you are training and playing, the level of cricket you are participating in, and the skill of you and those around you. However, what we do know is that the consequence is extreme – unfortunately Australian Cricket has already been witness to a death due to ballstrike to the neck. Your skill level does not reduce the consequence of being hit in the neck. These recommendations are all about creating the safest possible environment to play cricket in for all participants.

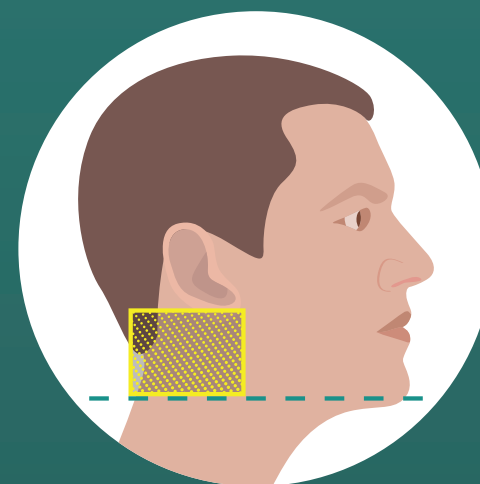


Figure 1: Neck protector positioning.

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