

SKILL DEVELOPMENT AND PROGRESSION



A PLAYER CAN REGISTER TO THE PROGRAM AT ANY POINT.

LEVEL 1

NEW TO CRICKET

Developing **fundamental movement skills** and social skills through play.

A **Level 1** Cricket Blaster can:

- Bowl with an open palm to aid a straight arm.
- Stand side on, grip the bat and swing to hit the ball.
- Pick up a still ball up and throw it.
- Catch a ball tossed from 1m.

LEVEL 2

HAS BASIC CRICKET SKILLS

Explore and further **develop** basic cricket skills.

A **Level 2** Cricket Blaster can:

- Successfully bowl with a straight arm.
- Stand side on, grip and swing the bat to hit a ball rolling towards them.
- Step towards and throw the ball 10+m within 3m of the stumps.
- Catch a ball tossed from 5m.

LEVEL 3

NEARLY READY FOR JUNIOR CRICKET

Applying skills and getting ready to move into Junior Cricket.

A **Level 3** Cricket Blaster can:

- Successfully bowl a ball with a straight arm over 12m.
- From side on position hit a ball bouncing towards them.
- Step towards and throw the ball 15+m within 3m of the stumps.
- Catch a ball tossed from 10m.

A clear and flexible structure that caters for the individual.

ON TO JUNIOR CRICKET

SKILL DEVELOPMENT CHART

NEW TO CRICKET

LEVEL 1

LEVEL 2

LEVEL 3

JUNIOR CRICKET

Cricket Blast Resources



Learn More



Track your progress to reach the next level. Make sure you work through each level connecting, collaborating, including and respecting your teammates.



Batting



Bowling



Fielding



SKILL DEVELOPMENT CHART

Cricket Blast Resources



LEVEL 1

LEVEL 2

LEVEL 3

JUNIOR CRICKET



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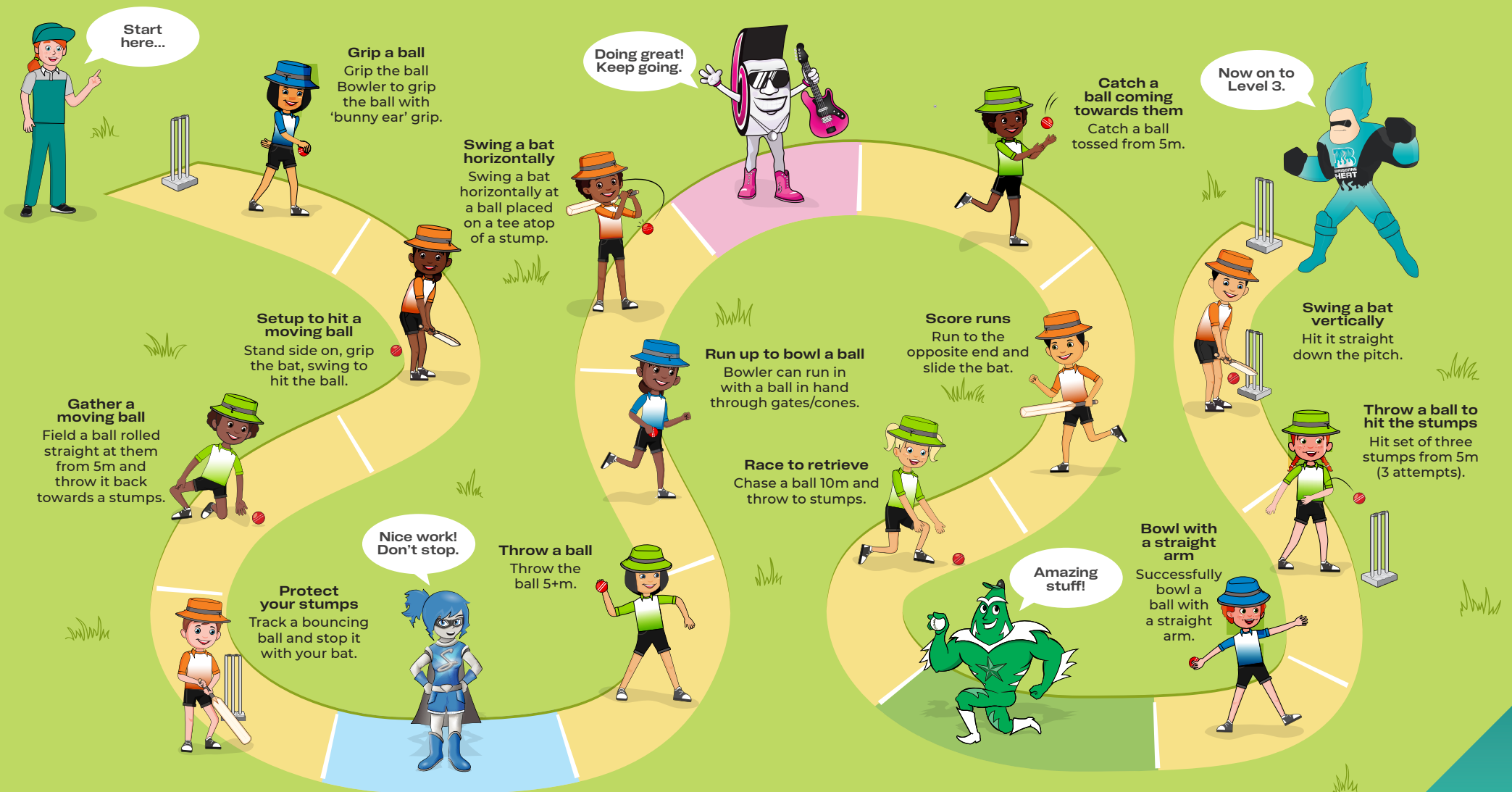
Batting



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SKILL DEVELOPMENT CHART

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LEVEL 1

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JUNIOR CRICKET

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